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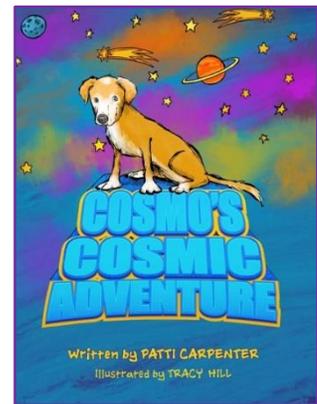
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Author Patti Carpenter Teaches Kids About the Power of Love and Loss in the New Picture Book, “Cosmo’s Cosmic Adventure”

SCOTTSDALE, AZ (Aug. 2020)—For children’s book author and animal lover Patti Carpenter, writing presented the opportunity to both process the loss of her furry sidekick and teach young readers how to navigate a powerful lesson in loving, living, and learning to let go. The children’s picture book, *Cosmo’s Cosmic Adventure* (Baby Rocks Publishing LLC, 2020), tells the story of Cosmo, a young pup adopted by a loving human named Patti, so beginning 16 years of boundless adventure. From long drives in Patti’s convertible, to fragrant trips to the local flower shop, Cosmo and Patti do everything together. But as Cosmo ages, he soon realizes it might be time for the next phase in his adventure, going “cosmic.”



Patti Carpenter



Written from Cosmo’s perspective, this colorful children’s narrative, illustrated by Tracy Hill, offers a cosmic lens through which children can come to understand loss and grief.

“If our life together, and loss of each other, helps one child through a difficult process of saying goodbye, I have truly reached my goal,” says Carpenter, who has been amazed at the effect her story has had on others.

Carpenter credits Cosmo’s presence in her life as truly educational, teaching her not just about how to process and deal with loss, but also how to love unconditionally, as Cosmo loved her.

“There is no judgment in a dog’s life. You are perfect to your dog every day. There are no bad hair days. You’re never too fat or too thin—it’s all pure love,” says Carpenter. “Cosmo taught me how to truly love and accept myself.”

Working with Hill, Carpenter plans to continue the cosmic adventures, teaching children powerful lessons such as this one, through a series of “Cosmo & Friends” sequels. The forthcoming titles, which Carpenter plans to release each year, will feature Cosmo and a band of galactic canine sidekicks, or “old earthly doggie friends,” as they explore the universe together.

To learn more about *Cosmo's Cosmic Adventure*, including news about forthcoming titles and opportunities to see Carpenter read, please visit www.cosmoscosmicadventure.com.

Cosmo's Cosmic Adventure is published by **Baby Rocks Publishing LLC** and is available in a variety of formats, including Hard Cover, 978-1087858869, \$16.99; Paperback, 978-1087862941, \$6.99; and e-book, 978-1087858876, \$6.99.

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BIOGRAPHIES

Cosmo's Cosmic Adventure

Written by Patti Carpenter

Illustrations by Tracy Hill

About the Author



Patti Carpenter was one of six girls born to John and Eleanor Foster. Growing up a “Foster girl” were the privileged years in Patti’s life story. Neither her father, nor her mother allowed the Foster children to think of themselves as superior to their peers. In fact, they instilled a very powerful message that the girls were part of a bigger picture and should always strive to be part of a solution. Patti and her sisters always considered themselves to be lucky girls, and knew their parents were special people who gave them a broad, accepting vision of how the world should be. As a young and impressionable girl, these powerful memories of her adolescence would shape the core

ideals of the person Patti would become.

Patti’s parents showed her and her sisters the world through travel and it was a central part of their lives. Being vagabonds around Europe is one of her fondest memories—all six Foster girls harmonizing as they crossed the continent. One particularly memorable stop was Salzburg, Austria. Many years later, upon returning to Salzburg with her husband, Patti was overwhelmed with emotion at the memories she had. Feeling an immediate urge to connect her dad, Patti called him, telling him through tears how much she remembered being a kid, her family summers in Europe, and to thank him for providing this great experience. Both dissolved to tears, with Patti’s dad replying, “Thank you so much for sharing that with me Patti.” Today, Patti sees that call as the most important phone call of her life. Six months later, on his 83rd birthday, Patti’s dad died in her arms—hers was the last voice and the last eyes her dad saw as he left this world.

In retrospect, Patti surmises that she adopted a dog to fill the void left behind when she lost her dad. She found her dog, Cosmo, at a shelter and for sixteen years, he was her sidekick. She would often say he was her “spirit dog.” There is no judgment in a dog’s life. You are perfect to your dog every day. There are no bad hair days. You’re never too fat or too thin. It’s all pure love. Cosmo taught Patti how to truly love and accept herself. Her debut children’s book, *Cosmo’s Cosmic Adventure* is written to honor their sixteen years together. His life with Patti – and now without her – has become a passion for Patti. For if their life together, and loss of each other, helps one child through a difficult process of saying goodbye, Patti feels she has truly reached her goal. She and Cosmo will meet again when she finds him on the other side! Currently, Patti spends her days between Scottsdale, Arizona and Telluride, Colorado, writing Cosmo’s future cosmic adventures.

Short Bio: Growing up a “Foster girl” were the privileged years in Patti’s life story. Patti’s parents showed her and her sisters the world through travel and it was a central part of their lives. Being vagabonds around Europe is one of her fondest memories—all six Foster girls harmonizing as they crossed the continent. Of particular significance was Patti’s relationship with her father. In retrospect, Patti surmises that she adopted a dog to fill the void left behind when she lost her dad. For sixteen years, her “spirit dog,” Cosmo was her loving sidekick. He taught Patti how to truly love and accept herself. Her debut children’s book, *Cosmo’s Cosmic Adventure* is written to honor their sixteen years together. His life with Patti—and now without her—has become a passion for Patti. For if their life together, and loss of each other, helps one child through a difficult process of saying goodbye, Patti feels she has truly reached her goal. Currently, she spends her days between Scottsdale, Arizona and Telluride, Colorado, writing Cosmo’s future cosmic adventures.

About the Illustrator



Award-winning illustrator **Tracy Hill** has been creating humorous and whimsical illustrations for clients in the advertising, editorial, and publishing fields since 1989. He is also an accomplished sidewalk chalk artist, having participated in numerous chalk festivals. His true passion has been in illustrating children’s books, though, and plans on continuing illustrating for many years!

About Cosmo



Cosmo was always by Patti Carpenter’s side, especially in his later years. They shopped together, and went to the movies and dinner together. They did their whole lives together. He was so well-behaved, he usually went unnoticed laying under her table. When Patti did have to leave Cosmo alone at home, she would always put on artist and songwriter John Denver’s music to keep him company. It seemed to calm him down. He just loved listening to John Denver! Every night as he went to sleep, she played John Denver again and that was the last voice he would hear at night. The significance of this story is what came next.

On one of their driving trips through Colorado, Patti had the radio on, Cosmo lounging in the back seat, when, to her astonishment, John Denver started playing. Cosmo jumped up, trying to pinpoint the place where the voice was coming from. Patti could not believe her eyes. Her dog was acknowledging the voice and he was trying to tell her without any words that he heard John Denver singing to him from the heavens.

Patti wants her readers to know that your dog talks to you with their body language, and if you learn to listen with your heart—not your ears—you will always hear them. So, be still, look, and listen!

BOOK DESCRIPTIONS

Cosmo's Cosmic Adventure

Written by Patti Carpenter

Illustrations by Tracy Hill

10-word description:

Cosmo's tale of everlasting friendship and learning to let go.

15-word description:

Patti teaches Cosmo to "go cosmic" in this tale of everlasting friendship and letting go.

25-word description:

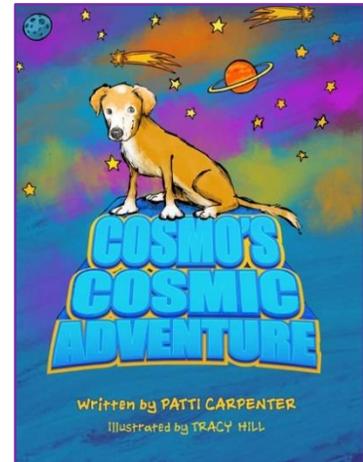
An old dog, Cosmo, learns that even when it's time for his soul to "go cosmic," he and Patti will always have their everlasting friendship.

50-word description:

From visits to the flower shop to breezy rides in Patti's convertible, Cosmo and Patti are inseparable. But dog years don't pass as slowly as human ones. Thankfully, Cosmo has Patti to teach him that even when it's time for his soul to "go cosmic," their friendship will last forever.

100-word description:

As a wee pup, Cosmo is adopted from a shelter by the loving human, Patti. Cosmo and Patti spend the next sixteen years having great adventures together. From visits to the flower shop to breezy rides in Patti's convertible, the two are inseparable. But dog years don't pass as slowly as human ones, and Cosmo is no longer a young pup. Thankfully, Cosmo has Patti by his side to teach him to listen with his heart, for even when his soul leaves earth to "go cosmic" and live among the stars, Cosmo and Patti will always have their everlasting friendship.

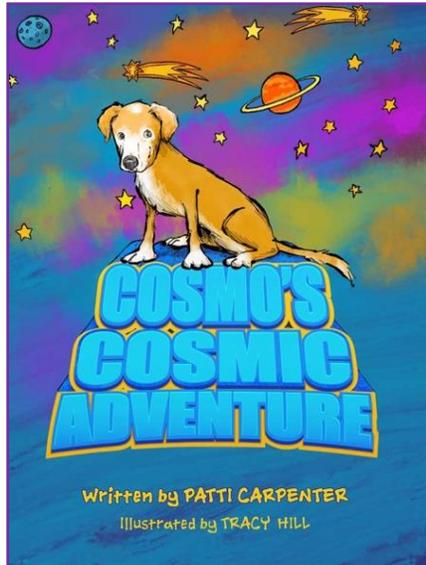


FACT SHEET

Cosmo's Cosmic Adventure

Written by Patti Carpenter

Illustrations by Tracy Hill



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Illustrator: Tracy Hill
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\$6.99 (e-Book)
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Pub Date: February 4, 2020
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978-1087858876 (e-Book)
Interest Level: Ages 5-12 & Beyond
Website: www.CosmosCosmicAdventure.com
Distributor: Ingram

WHAT IS THIS BOOK ABOUT?

As a wee pup, Cosmo is adopted from a shelter by the loving human, Patti. Cosmo and Patti spend the next sixteen years having great adventures together. From visits to the flower shop to breezy rides in Patti's convertible, the two are inseparable. But dog years don't pass as slowly as human ones, and Cosmo is no longer a young pup. Thankfully, Cosmo has Patti by his side to teach him to listen with his heart, for even when his soul leaves earth to "go cosmic" and live among the stars, Cosmo and Patti will always have their everlasting friendship.

WHAT MAKES THIS BOOK UNIQUE?

We will always remember the friendships that shape our lives. The cosmic tale of Patti and Cosmo's friendship is a powerful adventure about loving, living, and learning to let go. Losing a loved one is always a difficult lesson to learn. In this children's narrative, Patti Carpenter teaches young kids how to "listen with your heart" and that going "cosmic" doesn't have to mean saying goodbye – only goodnight. For when you have an everlasting friendship like Patti and Cosmo's, nothing can ever take that away from you. This book teaches children to "embrace the unknown of the Milky Way," because with a good friend to watch over you, you are never truly alone.

SUGGESTED MEDIA QUESTIONS

Cosmo's Cosmic Adventure

Written by Patti Carpenter

Illustrations by Tracy Hill



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1. When you sat down to write about Cosmo and his impact on your life, did you already know you would write a children's book, or did that come later?
2. I notice you never explicitly mention death or dying in your book. Is this intentional?
3. In Cosmo's story, Patti teaches him to that saying goodnight does not have to mean saying goodbye. Where did you learn this idea?
4. How did you come up with the idea of "going cosmic?"
5. The loss of a pet is such a difficult and powerful life lesson. How do you think introducing the idea of "going cosmic" helps children to process the death of a pet?
6. Many people have animals their whole lives, but there's always "that one" who was one of kind? Is that how Cosmo was for you? Did you have other animals before Cosmo?
7. Can you tell us about the installment in Cosmo's cosmic adventures?
8. Can you tell us about some of the new characters we might expect to meet in future books?
9. Where can readers go to learn more about your next book?
10. Do you have a new dog? If not, do you think you will eventually get one?